

CANCER CURE DISCOVERED IN THE '50s TREATMENT BLACK-LISTED BY MAIN STREAM MEDICINE

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Cancer Cure Discovered in the 50's.Treatment Black-Listed by Main Stream Medicine

As simple as 3 tablespoons of 'Unrefined High Lignan Flaxseed Oil' mixed with low fat Cottage Cheese 1/2 to 3/4 cup.

Flax Oil as a True Aid Against Arthritis, Heart Infarction, Cancer and other Diseases by Dr. Johanna Budwig.

Who is Dr. Johanna Budwig?

Dr. Johanna Budwig is known and highly respected around the world as Germany's premier biochemist. In addition, Dr. Budwig holds a Ph.D. in Natural Science, has undergone medical training, and was schooled in pharmaceutical science, physics, botany and biology. In all courses, this brilliant scientist excelled.

She is best known for her extensive research on the properties and benefits of flaxseed oil combined with sulphurated proteins in the diet, and over the years has published a number of books on the subject, including "Cancer--A Fat Problem," "The Death of the Tumor," and "True Health Against Arteriosclerosis, Heart Infarction & Cancer."

Dr. Budwig has assisted many seriously ill individuals, even those given up as terminal by orthodox medical practitioners, to regain their health through a simple regimen of nutrition. The basis of Dr. Budwig's program is the use of flaxseed oil blended with low-fat cottage cheese.

In the mid 1950's, Dr. Budwig began her long and meticulous research on the importance of essential fatty acids (linoleic and linolenic) in the diet. Her subsequent discoveries and announcements sparked mixed reactions. While the general public was eager for this astounding information, German manufacturers of commercial dietary fats (margarine, hard shortening, vegetable oils) went to extremes to prevent her from publishing her findings. Fortunately, while Dr. Budwig's vital announcements were initially met with resistance backed by those with financial stakes in the commercial fats industry, her persistence paid off. Today, Dr. Johanna Budwig is world renowned for her important discoveries on the benefits of flaxseed oil. Her fame precedes her as she lectures all over Europe.

Fats-Good and Bad

Dr. Johanna preaches against the use of what she calls "pseudo" fats. In order to extend the shelf life of their products, manufacturers use chemical processes that render their food products harmful to the body. These harmful fats go by a number of names, including "hydrogenated," "partially hydrogenated" and even "polyunsaturated."

The chemical processing of fats destroys the vital electron cloud within the fat. Once the electrons have been removed, these fats can no longer bind with oxygen, and they actually become a harmful substance deposited within the body. The heart, for instance, rejects these fats and they end up as inorganic fatty deposits on the heart muscle itself.

Chemically processed fats are not water-soluble when bound to protein. They end up blocking circulation, damage heart action, inhibit cell renewal and impede the free flow of blood and lymph fluids. The bio-electrical action in these areas slows down and may become completely paralyzed. The entire organism shows a measurable loss of electrical energy which is replenished only by adding active lipids to the diet. These nutritional fats are truly vital for man and beast alike.

Science has proven that fats play an important role in the functioning of the entire body. Fats (lipids) are vital for all growth processing, renewal of cells, brain and nerve functions, even for the sensory organs (eyes and ears), and for the body's adjustment to heat, cold and quick temperature changes. Our energy resources are based on lipid metabolism. To function efficiently, cells require true polyunsaturated, live electron-rich lipids, present in abundance in raw flaxseed oil. True polyunsaturated fats greedily absorb proteins and oxygen and pump them through the system.

Lipids are only water-soluble and free-flowing when bound to protein; thus the importance of protein-rich cottage cheese. When high quality, electron-rich fats are combined with proteins, the electrons are protected until the body requires energy. This energy source is then fully and immediately available to the body on demand, as nature intended.

Proven Benefits Still Pouring In

Since Dr. Johanna Budwig's findings on the benefits of flaxseed oil have been widely publicized, scientists around the world have eagerly jumped on the bandwagon. Studies conducted using flaxseed oil on numerous disorders have been pouring in from all over the world, showing impressive results, including anti-tumor activity, increased metabolism, greatly boosted immune system, reduced cholesterol levels, normalized blood pressure levels and inhibition of cancer cell growth. Books, research reports, articles and testimonials abound, all touting the healthy benefits achieved by supplementing the diet with organic, raw, cold-pressed flaxseed oil with low-fat cottage cheese. Dr. Budwig's research was based on using the ratio of 3 tablespoons flaxseed oil mixed with one-quarter cup of low fat cottage cheese.

Backed with all this extensive research, the indisputable fact is: Supplementing your diet daily with flaxseed oil combined with sulphurated proteins could very well be the most important thing you do for yourself every day.

A top European cancer research scientist, Dr. Johanna Budwig, has discovered a totally natural formula that not only protects against the development of cancer but people all over the world who have been diagnosed with incurable cancer and sent home to die have actually been cured and now lead normal healthy lives.

After three decades of research Dr. Budwig, six-time nominee for the Nobel Award, found that the blood of seriously ill cancer patients was always, without exception,

deficient in certain important essential ingredients which included substances called phosphatides and lipoproteins. (The blood of a healthy person always contains sufficient quantities of these essential ingredients. However, without these natural ingredients cancer cells grow wild and out of control.)

Blood analysis showed a strange greenish-yellow substance in place of the healthy red oxygen carrying hemoglobin that belongs there. This explained why cancer patients weaken and become anemic. This startling discovery led Dr. Budwig to test her theory.

She found that when these natural ingredients were replaced over approximately a three month period, tumors gradually receded. The strange greenish elements in the blood were replaced with healthy red blood cells as the phosphatides and lipoproteins almost miraculously reappeared. Weakness and anemia disappeared and life energy was restored. Symptoms of cancer, liver dysfunction and diabetes were completely alleviated.

Dr. Budwig then discovered an all natural way for people to replace those essential ingredients their bodies so desperately needed in their daily diet. By simply eating a combination of just two natural and delicious foods not only can cancer be prevented but in case after case it was actually cured. (These two natural foods, organic flax seed oil & cottage cheese) must be eaten together to be effective since one triggers the properties of the other to be released.)

After more than 10 years of solid clinical application, Dr. Budwig's natural formula has proven successful where many orthodox remedies have failed. Dr. Budwig's formula has been used therapeutically in Europe for prevention of: Cancer! Arteriosclerosis, Strokes, Cardiac Infarction, Heartbeat (irregular), Liver (fatty degeneration), Lungs (reduces bronchial spasms), Intestines (regulates activity), Stomach Ulcers (normalizes gastric juices), Prostate (hypertopic), Arthritis (exerts a favorable influence), Eczema (assists all skin diseases), Old age (improves many common afflictions), Brain (strengthens activity), Immune Deficiency Syndromes (multiple sclerosis, autoimmune illnesses)

Thousands have flocked to hear Dr. Budwig lecture all over Europe. The many people Dr. Budwig's formula has helped testify to the benefits of her remarkable discovery. Following are a few examples: In one of my interviews with Dr. Budwig I was introduced to Siegfried Ernst, M.D.. He is a rare and dedicated man who counts among his personal friends the current Pope as well as many other dignitaries.

ARTICLE

Dr. Johanna Budwig

One of the most important and far reaching health discoveries of the Twentieth Century is that made by Dr. Johanna Budwig, a German biochemist who is a leading European authority on fats and nutrition. She has been nominated for the Nobel Prize seven times. She used her methods to successfully heal terminal cancer patients, people with heart diseases, arthritis and other ailments after they had been given up as hopeless by the conventional medical practitioners. Her methods were so simple that any housewife could use her techniques with no special training and with good results. In fact, this is exactly what happened in many cases, People with serious diseases were curing themselves to the astonishment of the conventional medical practitioners. However, in spite of the simplicity of Dr. Budwig's discoveries, they also reveal a profound

relationship to not only the harmonious working of the human body, but man's relationship with the Cosmos itself.

To really understand her work, you will have to study her writings or the work of later nutritionists who are following in her footsteps. Please see the bibliography. However, I will just give a bare outline of her methods to give an idea of what it is all about.

In the course of her treatment of ill people, she studied blood samples to see if there is any correlation between the blood quality of ill people and healthy people. After studying thousands of blood samples, she discovered that the difference was that healthy people had a higher content of Omega3 oils in their blood than those who are ill. Omega3 is one of the essential fatty acids, or EFAs, which is necessary for the proper functioning of the body. She experimented on finding the best ways to get the Omega3 oils properly absorbed into a person's system and ultimately found that the richest source of Omega3 oil is flax seeds. However, only oil that has been protected from heat and oxidation, caused by oxygen and light, is sufficiently pure enough to be of benefit to human health. Oils not prepared this way quickly become rancid and are detrimental to human health. In fact, Dr. Budwig, with further research, came to the conclusion that the vast majority of chronic illnesses today are caused by the improper mass processing of foods and oils, plus poor nutrition as well as the world-wide use of dangerous pesticides which contaminate the food and destroy the electrons.

Based on these observations, Dr. Budwig began treating her patients by giving them a combination of high quality flax seed oil, which is rich in Omega3 oil, and quark, which is something similar to cottage cheese or yogurt in that it is rich in high quality protein. Quark is difficult to obtain in the U.S, but either yogurt, cottage cheese, skim milk, soy milk or rice milk is a good substitute. (For the proper ratio of oil to protein, please see experiment.) The reason for the mixture of the oil with a high quality protein is that by combining the protein with the oil, the oil becomes water soluble in the body and can be absorbed more readily. It can enter the smallest capillaries, dissolving any of the undesirable fats and cleaning out the veins and arteries. It also strengthens the heart, dissolves tumors and cures arthritis. It sounds like a lot, but it really works. Dr. Budwig worked with many patients who were terminally ill and some who had only hours to live. She gave them the combination of oil-protein plus organic foods, plus exercise, fresh air and used the healing powers of the sun to cure these "hopeless" cases who sometimes started to show improvement within days. Following is a quote from one of her books:

"I often take very sick cancer patients away from hospital where they are said to have only a few days left to live, or perhaps only a few hours. This is mostly accompanied by very good results. The very first thing which these patients and their families tell me is that, in the hospital, it was said that they could no longer urinate or produce bowel movements. They suffered from dry coughing without being able to bring up any mucous. Everything was blocked. It greatly encourages them when suddenly, in all these symptoms, the surface-active fats, with their wealth of electrons, start reactivating the vital functions and the patient immediately begins to feel better. It is very interesting to ask how this sudden change is possible. It has to do with the reaction patterns, with the character of electrons. I will return to these electrons later. In the last two years, I have come to be very fond of them. A friend of my work in Paris, wrote to me how wonderful it is that you have discovered the original birthplace of the electrons in seed oils to be the sun. That's how these connections are made!"

Dr. Budwig's cures are well documented and have stood the tests of opposition from the conventional medical establishment.

Although there are many excellent doctors and nutritionists who are following in her footsteps, I am especially fond of Dr. Budwig's approach to things because she is not only a brilliant scientist and researcher, but also a high minded idealist who approaches the subject also from a philosophical and spiritual point of view. Unfortunately, only two of her books, that I know of, have been published in English. Please see the bibliography.

One of the significant aspects of Dr. Budwig's work is that she has discovered, (or rather rediscovered) the affinity of the human body with the sun. If the body has the right balance of oils and proteins, it has a magnetic field which attracts the photons in sunlight and thus is open to the healing powers of the sun. I tried Dr. Budwig's methods for general health improvement, and I was amazed that within even less than the three days she predicted, I felt an incredible improvement in so many areas that it would take too much time to describe it here. I then recommended it to several members of our Ashram and those who took it seriously had similar experiences to mine. We all felt an increased feeling of general well-being, a feeling of lightness, more energy, better circulation and, when in the sun, I felt the healing power of the sun affecting my skin much differently than before. Also, every week or two, I become aware of feeling better in different ways. Old aches go away, my skin improves and I am able to do things better. One woman felt so good about it that she gave it to her children and said that right away she could see improvements in their skin tone. As she spoke, I saw that her own skin had more color and was radiant. And this was only about two days after she started taking the oil-protein combination.